

RULES

- a) Timeless Pilates classes are reserved to members. Enrolments are open to everyone.
- b) The interested student will have the possibility to have a preliminary meeting with the teacher. Health conditions and the goals one wishes to achieve will be subjects of discussion.
- c) The enrolled student categorically exempts Timeless Pilates from any liability for any injuries, accidents, illnesses or other damages of a physical or non-physical nature that may occur during the course of the classes, not ascribable to Timeless Pilates.
- d) Pregnant women, as soon as they become aware of it, should make this condition known to the teacher.
- e) The client may promptly inform the teacher about possible injuries or discomforts, even mild ones, during the stay in the Centre.

Classes

- a) Classes should be reserved using the specific forms.
- b) Classes will be organised according to the enrolled students' needs, the rooms and the teacher's time availability.
- c) You are kindly asked to adhere to the classes deadlines: classes that are not used within the respective terms won't be refunded.
- d) In case of change of hours and planning of the courses, Timeless Pilates will contact the interested enrolled students in advance.
- e) Classes take place from September to June; during summer months (July and August) Timeless Pilates will agree on the days and times of classes directly with the interested students.
- f) Subscriptions:
 - Enrolment can be monthly, quarterly, biannual or yearly according to the price list
 - Subscriptions renewals are possible

Amounts: enrolment, classes and packages

- a) The annual enrolment costs CHF 20- (12 months from signing) and must be paid upon signing the registration form.
- b) The payment for individual classes and available packages must be made in advance.
- c) Amounts are non-refundable and non-transferable.
- d) The client agrees to pay the package rate in full, according to the preset methods, also in case he/she remains absent and temporarily interrupts attendance for any reason whatsoever that is not dependent on Timeless Pilates.
- e) Reserved classes that are not cancelled with a minimum 24hrs notice will be charged anyway.

General rules

- a) Punctuality is recommended. Students are asked not to access the rooms before class time.
- b) It is compulsory to enter the rooms without shoes, wearing an appropriate uniform for physical activity and with a towel for tools and mats. Those who wish may use the Centre's towels free of charge, which must be placed in the provided storage containers at the end of the class.
- c) It is recommended not to bring valuables which would remain unattended during classes. Timeless Pilates shall not be liable for the theft, loss or deterioration of any items brought by members onto the Centre premises.
- d) It is forbidden to use the apparatuses without the teacher's authorization and supervision.
- e) In order to avoid damages to the delicate coverings of the apparatuses and to guarantee a correct and safe execution of the exercises, it is recommended not to wear jewellery or watches during classes.
- f) It is kindly asked to switch the mobile phone ring tone off and keep a low voice tone to guarantee the adequate focus to those who are attending class.
- g) Smoking and introducing animals in the Centre are strictly forbidden.